

Bethesda Eventide Times

January 2023

www.bethesdaeventidehomes.co.uk

Issue 30

Hello and welcome to our first newsletter of 2023, and may we wish you a Happy New Year!

We hope you have all had a lovely Christmas time, spent with lots of friends and family. The Home has been full of activities and visitors which has led to a very busy month!

We were pleased to welcome the Otley Bell Ringers, The Salvation Army and Sally who provided some musical entertainment in the Homes. We also had a visit from Santa which was enjoyed by all! Inside are some photos from our first staff Christmas party for 3 years and also of course from Christmas dinner!

Please see to the right the activities planned for January, which you are all welcome to join us for, please do invite your friends and families! There is plenty planned, and we are expecting lots of visitors throughout the month, so we look forward to seeing you soon!

We hope you enjoy January's newsletter, and we wish you all a happy New Year!

from all at Bethesda Eventide Homes

January Dates

January 6th

National Shortbread Day

January 9th

Bubble Bath Day

January 198th

Winnie the Pooh Day

January 19th

National Popcorn Day

January 23rd

Chinese New Year

January 25th

Burns Night



A Visit from Aladdin...

We all enjoyed this years visiting pantomime and their performance of Aladdin. The Genie, Abanazar and Widow Twanky were also in attendance, and we were pleased to share the evening with so many visitors. We are already looking into next years performance, which will be of The Wizard of Oz!



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



Deck the Homes...

Of course Christmas isn't complete without lots of decorations. We had our annual Christmas tree competition, as well as making some Christmas wreaths.

Barbara won the Christmas tree competition with some support from Shirley - well done Barbara!



Party Time

We were able to have our first staff party for a few years, which we were very grateful to the Key for letting us use their facilities. It was a very fun evening, with lots of food - the perfect mix!



Monthly Brainteaser

Please see below two Sudoku puzzles to keep you busy! Also the answers to our December quiz are listed, we hope you found them all!

We also need to congratulate "John's Joker" on their victory in our quiz night. They were able to take part from within the Homes, so a very big well done goes to John and his family, a prize will be on its way!

December Quiz - Answers

How many of the carols/songs were you able to find in the picture quiz is last month's newsletter?

- O Little town of Bethlehem
- Last Christmas
- Rudolph the Red-Nosed Reindeer
- 12 days of Christmas
- Santa Claus is coming to town
- Away in a Manger
- 2 Become 1
- Rockin' around the Christmas tree
- Silent Night
- White Christmas
- Christmas Wrapping
- All I want for Christmas is You
- Jingle Bells
- We 3 Kings of Orient are
- Little Drummer Boy
- Mistletoe and Wine
- The Holly and the Ivy
- Fairytale of New York
- Step into Christmas
- Stay another Day
- killing in the name
- Santa Baby

				4				5
	5	7			1			
	9		2		7	6		8
		9					1	7
8					4	2		
	1	4		2			6	
		5		8				
			4		5		3	
1		3	7					

8	4			7				
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			5			2		
		8	7				1	2
1	7				8		4	
	6			4	1			
		6				5		9
			9	8				6
			6			7	3	

Carehome.co.uk is an excellent tool for supporting people in choosing a care home. We do not have any recent feedback on this website. If you would be willing to leave a review on this site, this would be most welcome.



carehome.co.uk

<https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>

Homemade Soap

A number of our ladies enjoyed making our very own soap. It was an activity that was enjoyed by many, and the bars of soap were shared amongst everyone. Thank you ladies!



Sounds of Christmas



Over the Christmas period we welcomed many musical visitors. Sally came to sing for us, we sang along to the Otley Bell Ringers and welcomed the Salvation Army who led our carol service. A very big thank you to everyone who came to provide some musical entertainment!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!









The Anglo-Saxons called January “Wulfmonath” as it was the month hungry wolves came scavenging at people’s doors.

The Romans named it January after Janus, the God of gateways.

Janus had two heads so he could look in both directions, back at the old year and forward towards the new year, at the same time.

According to the International Standard Organisation’s ISO 8601, week 1 of any year is the week including January 4.

Daytime temperatures in January make it the coldest month of the year in the UK. February nights are colder in England (but not Scotland).

The only Shakespeare plays that mention January are Much Ado About Nothing and Winter’s Tale.

The birthstone for January is the garnet; the flower is the carnation.

The first recorded reference to a “January sale” in the UK was in 1865.

There is a variety of cold-tolerant winter cabbage grown in England known as January King.

January’s Moon is called the Wolf Moon. The Saxon word for the month was Wulfmonath or “wolf month.”



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

www.facebook.com/bethesdaeventide

Our New Garden...

Ruby and Coral became two of the first residents to go out into our new rear garden. They ensured the new bird feeders were filled and Ruby even helped us rake up some fallen leaves. We really are looking forward to the garden being planted up in the spring!



We said a very sad farewell to Yvette in December. Yvette has worked at the Homes for 12 years, so we will miss her very much. We were pleased to be able to give her a nice send off on her last day - Christmas Day!



Tom also celebrated his birthday on Christmas Eve, and a few staff conspired to surprise him! Tom enjoys making a fuss of Birthdays - but he didn't suspect this at all!



A Christmas to Remember

Fiona, Yvonne, Sheila and Steve led a lovely afternoon which they called "A Christmas to Remember!". This included lots of reminiscing and remember the magic of Father Christmas visiting, then to our surprise he turned up!

He delivered gifts that our residents told us they had received as young children - we are glad to report there weren't any lumps of coal!



Happy Christmas Everyone!







It is with great sadness that we include the news of the passing of John Betts and Tony Hamblin since our last newsletter. They will both be very dearly missed.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die.

Do you believe this?" Romans 8v18

In December we enjoyed celebrating with Betty, Coral and Rosemary on their birthdays.

In January we see John, Eric, Ruby H and Ruby F celebrate their birthdays, we look forward to sharing photos of their celebrations next month.



If you know of anyone who might like to be added to our newsletter email distribution list, please contact the home to let us know!

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