

Bethesda Eventide Times

February 2023

www.bethesdaeventidehomes.co.uk

Issue 31

Hello and welcome to our newsletter for February 2023!

The Home has been full of activities and visitors which has led to a very busy month!

We have enjoyed serving Haggis and sweet and sour chicken in the same week, as we celebrated Burns night and Chinese new year. We welcomed Jim who came to play the bagpipes for us. We also had Winnie the Pooh day where the lounge was transformed into 100 acre wood - and much more!

We have plenty planned for February, please see the theme days to the right. One of these planned activities is love your pet day! If you have any pets you would like to bring in to see your loved one, please let Tom or Claire know so we can expect your visit. We hope to have some dogs, cats, rabbits and maybe even a bearded dragon joining us for the day, but would be lovely to have even more!

We hope you enjoy February's newsletter, and we wish you all a happy New Year!

from all at Bethesda Eventide Homes

February Dates

February 3rd

Feed the Birds Day

February 9th

National Pizza Day

February 14th

Valentines Day

February 20th

Love your Pet Day

February 23rd

National Tennis Day



Arts & Crafts

We have been very pleased to welcome Stella and Annie into our activity team, which has seen us able to provide much more activity wise. One project was the home-made bookmarks - which were certainly popular!



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



Enjoying the Summerhouse!

A number of residents enjoyed spending time in our summerhouse! It has electricity and heating and plenty of tea, coffee and blankets! If you would like a member of staff to show you down to the summerhouse, please do ask and we will be pleased to help you!







Valentine's Day



F	E	B	R	U	H	E	R	Y	A	C	B	O	X	E
W	I	G	E	C	H	O	C	O	L	A	T	E	O	C
O	M	A	P	R	A	O	E	R	E	N	L	O	V	A
M	A	I	L	O	V	E	L	C	K	D	E	W	A	N
F	I	H	E	T	E	R	T	I	J	Y	S	E	L	Y
L	L	U	S	C	E	M	P	I	D	O	X	R	E	D
P	B	G	E	W	M	A	I	L	B	A	N	O	N	Y
A	O	X	S	F	E	B	R	U	A	R	Y	X	T	A
W	X	A	M	L	C	E	D	E	S	T	H	O	I	D
I	T	H	W	I	Y	U	T	I	P	E	P	I	N	K
N	C	A	R	D	D	O	P	H	O	L	H	O	E	O
G	O	H	D	W	A	G	E	I	E	M	M	U	B	V
S	C	H	O	C	O	I	T	E	D	A	T	H	G	E
A	R	R	O	W	G	F	L	O	W	E	R	S	I	S
S	T	A	R	W	A	T	U	H	E	A	R	T	E	H

- | | | |
|-----------|---------|------------|
| ARROW | FLOWERS | MAILBOX |
| CANDY | GIFT | PINK |
| CARD | HEART | POEM |
| CHOCOLATE | HOLIDAY | RED |
| CUPID | HUGS | SWEETHEART |
| FEBRUARY | LOVE | VALENTINE |



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



[carehome.co.uk](https://www.carehome.co.uk)

<https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>

A trip to the Park

A couple of residents enjoyed a morning in Christchurch Park, playing Boules and having an ice cream. They were joined by 3 young ladies who are joining us for work experience over the next few weeks. We are very grateful for their help and we hope they enjoy their time with us!



Burns Night Celebrations

Once again we enjoyed the visit of Jim, who came to pipe in our Haggis and play a number of different tunes we all recognised. Ian led some singing and also addressed the Haggis. A lovely lunchtime was had by all - thank you Ian and Jim!





CHINESE NEW YEAR

We celebrated Chinese new year with a delicious buffet style lunch and some Chinese crafts. A few residents mastered the chopsticks, and we all had a lovely day - feeling very full for most of the afternoon!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!







February fluctuates between having 28 and 29 days per year. The 29th day only occurs every 4 years during leap years.

The length of February was finalized when Julius Caesar remade the Roman calendar and assigned the month 28 days and 29 days. In 713 B.C., February was officially added to the Roman calendar.

If you were born in February, your birthstone is an amethyst and your flower is a primrose.

Over time, the length of February kept changing. At one point, it had as little as 23 days.

In the Northern Hemisphere, February is the third month of winter. Meanwhile in the Southern Hemisphere, February is the last month of summer. Between the North and South Hemispheres, February is the equivalent of August.

The name of February comes from the Latin word "februum" which means purification. It was named after a purification ritual which was like an early Roman spring cleaning festival.

In Welsh, February is sometimes known as "y mis bach" which means "little month."

The Saxons called February "Sol-monath" which means "cake month" because they would offer cakes to the gods during February.

Of all the words you can misspell, February is one of the most misspelled words in the English language. Even the White House has misprinted the word "February" before in a press release!

February is the only month where it's possible to go the entire time without having a full moon.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

www.facebook.com/bethesdaeventide

Winnie the Pooh Day

We all enjoyed reminiscing on Winnie the Pooh day, the lounge became 100 acre wood, we made honey cakes in the afternoon, and were also visited by a rather large Winnie the Pooh!





In January we enjoyed celebrating with John, Eric, Ruby and Ruby on their birthdays.

In February we see Barbara and Joan celebrate their birthdays, we look forward to sharing photos of their celebrations next month.

Happy Birthday



Meeting Baby Ellie!

We would like to congratulate Lucy and her husband Matt on the safe arrival of Ellie. We were delighted to get to say hello to Ellie - she is tiny!



Bethesda Eventide Homes

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