

Bethesda Eventide Times

April 2023

www.bethesdaeventidehomes.co.uk

Issue 33

Hello and welcome to our newsletter for April 2023!

The Home has been full of activities and visitors which has led to a very busy month!

The ground floor has been redecorated and the kitchen refurbishment has commenced. The ground floor looks very different to before the works and we have had many positive comments.

We were pleased to enjoy various events throughout the month and we were pleased that we were able to share many of these events with some visitors to the Homes. As the weather is getting warmer, we are looking forward to utilising our garden areas, so will be beginning to plant out our fruit and vegetable plants.

We have plenty planned for April, please see our main activity days to the right, you would be more than welcome to join us for any of our activities!

We hope you enjoy April's newsletter!

from all at Bethesda Eventide Homes

April Dates

April 10th

Easter Egg Hunt

April 11th

National Pet Day

April 14th

Grand National

April 17th

Cirque du Bethesda

April 30th

Wear your Pyjamas to work day

April 24th

Pineapple Upside-down Cake Day



Busy Minds!

We always have a selection of board games available, from dominoes to scrabble there is always plenty available to keep our minds busy! John is even trying to solve a Rubic's Cube!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



Feeling Pampered

Hyrmete does enjoy helping pamper us all! She even offers the staff and any visitors the chance for a massage or manicure. She is often helped by some of the care staff (and even June, one of our cooks) to help everyone look their best!





Easter Wordsearch

S	E	G	D	U	C	K	S	Y	D	Y	E	E	I
U	B	R	T	E	U	Q	U	O	B	S	A	R	C
N	U	A	E	E	T	T	A	A	L	S	C	H	D
D	N	T	S	E	E	T	E	I	T	H	I	P	R
A	N	I	D	G	N	E	D	E	I	C	S	A	S
Y	Y	T	C	U	N	O	R	L	K	P	T	R	N
R	T	U	H	H	F	I	D	S	R	E	E	A	A
A	E	D	Y	F	U	R	S	I	R	P	N	D	E
B	K	E	A	J	E	R	N	S	R	O	N	E	B
B	S	D	O	N	S	G	C	A	E	H	O	E	Y
I	A	Y	E	G	C	I	A	H	T	L	B	F	L
T	B	L	G	O	E	G	R	A	S	S	B	I	L
E	S	E	T	A	L	O	C	O	H	C	H	L	E
F	L	O	W	E	R	S	A	N	A	R	A	R	J

BASKET
BLESSINGS
BONNET
BOUQUET
BUNNY
CHICKS
CHILDREN
CHOCOLATES
CHURCH
HUNT
JELLYBEANS
JOY
LIFE
PARADE
RABBIT
SPRING
SUNDAY

DAFFODILS
DUCKS
DYE
EASTER
EGGS
FLOWERS
GRASS
GRATITUDE
HOPE





We know April is the fourth month of the year, but that's only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar.

April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.

No one is sure how the month ended up with its name, but we do know the Romans named it "Aprillis."

The etymology behind the word "April" comes from the verb "aperire," which means "to open." It's commonly believed that the word refers to the season of trees and flowers beginning to "open" or bloom.

Of course, one of the most well-known dates of April, is April Fools' Day on the 1st of the month. No one is sure where this originated from, but some believe it to be inspired by Geoffrey Chaucer's story in "Canterbury Tales" called "Nun's Priest's Tale."

On April 11, 1970, Apollo 13 was launched and ran into difficulties about two days later. It was then that the famous line "Houston, we've had a problem here" was said, and is today usually misquoted.

After a 1,500 year break, the first Olympics of the modern era took place on April 6, 1896, in Athens.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

St. Patrick's DAY



On March 17th, we all celebrated St Patricks Day. The home was turned into a sea of green, with some decorations the residents had made. We enjoyed some Irish themed activities and June made a delicious Chocolate Guinness cake - please see the chefs corner for the recipe, don't miss it!



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



It is with great sadness that we include the news of the passing of Eric Lane since our last newsletter. He will be very dearly missed.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**

Chef's CORNER



Sadly we were not able to enjoy our planned St Patrick's day celebrations. This is a recipe we all enjoyed last year for the occasion, and we will definitely be asking June to make it for us soon - its delicious!

June's Chocolate Guinness Cake

You will need:

100g Unsalted Butter
75g Dark Chocolate
200ml Guinness
200g Plain Flour
20g Cocoa Powder
1 tsp Baking Powder
2 Large Eggs
200g Golden Caster Sugar
3 tbsp Sour Cream
200g Icing Sugar



1. Melt the butter and chocolate in a dish, let it cool to room temperature.
2. Stir in the Guinness, don't worry if it splits or seizes, it will be fine!
3. In a separate bowl mix the flour, cocoa and baking powder until combined.
4. In a third bowl, beat the eggs and sugar for about 3 minutes until fluffy.
5. Combine the 3 mixtures and beat the mixture thoroughly.
6. Pour into your cake tin and bake at 180°C for 40 - 45 minutes.
7. Take the cake out, cool, and transfer to a wire rack.
8. Beat the sour cream and icing sugar until smooth, then stir in 2 tbs of Guinness. If it becomes too runny, add more icing sugar.
9. Spread on top of the cake and enjoy!



Pancakes and Waffles

We have enjoyed making lots of snacks throughout the month using our new mobile hob. We have made pancakes and waffles amongst other things , which have been shared with residents, staff and visitors alike!



Happy Mother's Day

We welcomed many visitors for Mother's day, and shared a lovely day with many reminiscing with family members. In the afternoon Christine played a selection of songs by The Beatles, and it was great to be able to sing these all together.





Family Fun Day 2023

Join us for our annual
family fun day on

Saturday 12th August 11am - 4pm

Barbecue

Cream Teas

Outdoor Games

**Make Your Own
Pizza**

Balloon Modelling

Circus Skills

Ice Cream Van

Raffle

Face Painting

Magic Show

And much much more for all ages...



Bethesda
Eventide Homes

***This event will be our main fundraising event for
the year. Donations will be gratefully accepted on
the day or can be given electronically***

BOYS AND THEIR TOYS

Our first Boys and their Toys session did not disappoint, and we enjoyed putting together the Homes train set. We have plenty planned for future months, and will be meeting on the last Wednesday of every month.



Keeping Active

Whether it is Yoga, Zumba, Wake and shake or curling - there is always plenty on offer to keep us active. Staff always try to disappear when these begin, but we make sure we find them!





In March we enjoyed celebrating with Audrey on her birthday. Audrey was feeling a little camera shy and escaped the camera, but we did manage to get a photo of her lovely cake!

In April we see Marge and Herbie celebrate their birthdays, we look forward to sharing photos of their celebrations next month.



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