

Bethesda Eventide Times

May 2023

www.bethesdaeventidehomes.co.uk

Issue 34

Hello and welcome to our newsletter for May 2023!

The Home has been full of activities and visitors which has led to a very busy month!

The kitchen refurbishment has been completed, and we are very grateful for our kitchen team and all of our staff for ensuring mealtimes have still run smoothly despite the kitchen being out of operation.

We were pleased to enjoy various events throughout the month and we were pleased that we were able to share many of these events with some visitors to the Homes. As the weather is getting warmer, we are looking forward to utilising our garden areas, and we have begun to plant out the garden spaces.

We have plenty planned for May, please see our main activity days to the right, you would be more than welcome to join us for any of our activities!

We hope you enjoy May's newsletter!

from all at Bethesda Eventide Homes

May Dates

May 8th

Coronation Street Party

May 15th

National Chocolate Chip Day

May 19th

Plant a Vegetable Garden Day

May 22nd

Seated Zumba

May 25th

Wine & Cheese Tasting

May 29th

National Hamburger Day



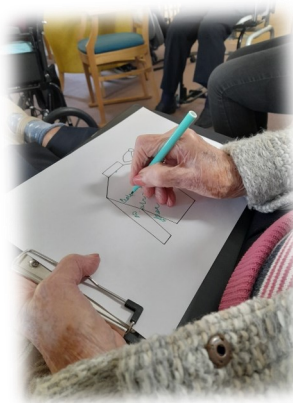
Grand National

We had our very own day at the races to celebrate the grand national, we put on our best hats, designed our own jerseys and picked the winning horses! A lovely afternoon was had by all!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!





A visit from the King!

We had been looking forward to a visit from “the king of rock and roll” and he certainly didn't disappoint! We enjoyed his humour, performance and dance moves and a great afternoon was had by all!





It is with great sadness that we include the news of the passing of Harry Clay since our last newsletter. He will be very dearly missed.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**



The name May is the modern-day English adaption of the Latin word *Maius*, which has origins going back to the time of the ancient Greeks. They named the month of May (or Maius) after the Greek goddess of growth.

May used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!

May is a special time for *Star Wars* fans worldwide and always a good reason to re-watch the movies. May the 4th is celebrated as Star Wars day, due to the way the date sounds similar to "May the Force."

Every year there is a particular meteor shower in May called the Eta Aquariids meteor shower. Discovered in 1870, this meteor shower passes by Earth between April 19 and May 28. It's easiest to view it from the equatorial regions of the world and can be glimpsed passing by just before dawn.

The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world. Many other sky-high constructions have since dwarfed it, but it's still an awe-inspiring feature of the New York cityscape!

Back in the day in Europe, it wasn't a good May if you didn't celebrate it with a maypole. In the UK, at least, they were present since at least 1350 AD. Celebrants would erect a long pole and attach flowers, garlands, and strips of fabric to it, around which certain dances would take place.

May is a pretty good month for US presidents. Every other month of the year, at least one US president has died, but never in May!

May actually has two birth flowers – the Lily-of-the-Valley and the Hawthorn. The Hawthorn flower is a symbol of hope, while the Lily-of-the-Valley represents the return of happiness and sweetness.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free

Easter Activities

We had a very busy easter, having a visit from Sally the singer, fish and chips, hot cross buns, and Easter service, Easter egg hunt and an Easter Bonnet competition!









“May” Brainteaser

This month we have a quiz themed around “May.” We hope you don’t find it too challenging, keep your eyes peeled next month for the answers! - no cheating!

1. What's the birthstone of May - it represents love and success
2. Which tennis Open Championship normally begins in the last week of May?
3. What are the two zodiac signs for the month of May?
4. May in the Northern Hemisphere is similar to which month in the Southern Hemisphere?
5. Which sweetly scented, highly poisonous woodland flowering plant is the birth flower of May?
6. Historically, what sort of dancing has been linked to May Day celebrations?
7. Who did Queen guitarist Brian May marry in November 2000?
8. 'The Third of May 1808', is a painting completed in 1814 by which Spanish painter?
9. How long is the lifespan for the adult female Mayfly, *Dolania americana*: 5 minutes, 5 hours, or 5 days?
10. According to a 1732 traditional saying, what should you never cast till May be out?
11. What is the more common name for the Mayflower shrub?
12. Theresa May was born in which town?



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

Family Fun Day 2023

Join us for our annual
family fun day on

Saturday 12th August 11am - 4pm

Barbecue

Cream Teas

Outdoor Games

**Make Your Own
Pizza**

Balloon Modelling

Circus Skills

Ice Cream Van

Raffle

Face Painting

Magic Show

And much much more for all ages...



Bethesda
Eventide Homes

***This event will be our main fundraising event for
the year. Donations will be gratefully accepted on
the day or can be given electronically***

PET DAY

We enjoyed the visit of many animals on Pet Day and were joined by dogs, hamsters, stick insects and giant snails! Thank you to Nattalie, Becky and Tia for bringing in their pets, and to Dilly's Daycare for visiting with their giant snails and stick insects.





In April we enjoyed celebrating with Marge & Herbie on their birthdays this month.

In May we have a busy month for birthdays as we see Joan, Derek, Avis, Josie & Jim celebrate their birthdays, we look forward to sharing photos of their celebrations next month!



Bethesda Eventide Homes

Home Manager - Tom Horrex
Business Manager - Karen Bannister
Deputy Manager - Claire Cates

Bethesda Eventide Homes
59a Henley Road,
Ipswich
IP1 3SN

01473 211431

seniorteam@bethesdaeventidehomes.co.uk