

# Bethesda Eventide Times

## August 2023

[www.bethesdaeventidehomes.co.uk](http://www.bethesdaeventidehomes.co.uk)

Issue 37

Hello and welcome to our newsletter for August 2023.

July was once again a busy month, filled with lots of events and activities, including independence day, Bastille day and much much more.

We have been able to spend plenty of time in the garden too, and have certainly made the most of the weather! You will see that the residents have enjoyed tending to the gardens, and our vegetable patch has been very successful. Indoors has also been busy, and the dining room has been undergoing some redecoration, and is looking rather smart!

We have plenty planned for August, please see our main theme days to the right, you are more than welcome to join us for any of our activities! Children are also more than welcome to visit us to join in, so if they fancy a summer holiday visit to Eventide, they are most welcome!

Can we also give you all one last reminder for your diary for our annual fun day. We are looking forward to you joining us on Saturday 12th August for what we hope to be a fantastic day!

We hope you enjoy August's newsletter!

### August Dates

#### August 4th

National Chocolate Chip  
Cookie Day

#### August 7th

Jamaican Independence  
Day

#### August 12th

Family Fun Day

#### August 14th

VJ Day

#### August 16th

Indian Independence  
Day

#### August 25th

National Banana Split Day

#### August 31st

Eat Outside Day (Picnic at  
the Park)





# Ground Force

We are blessed with two lovely gardens, and it takes a lot of time and attention to keep them looking as they do. Regular watering, deadheading and picking fruit and vegetables from our vegetable patch, there is always something to be done!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!









# PUZZLE FOR AUGUST

W D C I Z Z N O X Y G E N D I S C O V E R E D G  
 O R D G R E A T T R A I N R O B B E R Y Z N V A  
 Q O D E L L I K A N A I D S S E C N I R P M I R  
 F F S U M I L U Y G L A D I O L U S X O D R W U  
 I T N R F R E U N I O N S O G J L O O P C V H Q  
 R L W H U S D N E R A W D L R O W D N O C E S G  
 S E H C E E P S G N I K R E H T U L N I T R A M  
 T D P N O I T A C A V O C Z Z Y M D D K W N G Y  
 W O S K R A P T N E M E S U M A I V R I Y N A H  
 O M Q F U D C B T T J X Q R R T C I S L I I D N  
 R G S S P Y C D Z S T E E N I O T C X F S I E O  
 L N Y W C N S W E X N Z E O L M Y T L G C N D X  
 D I D Q I X U I I F X L N U Q G R O B E V E N Y  
 W L Q I G M T I T J O I M L S A G R L M C E U G  
 A L J L M R M D O T N B H E C T M Y P S V R O J  
 R I U S A U T I S G U B R M I H S O Z T W C F A  
 S R X P L R H A N S I S V O N E S V U O X S S E  
 T G O B F A S L S G D Q Z N C R E E Q N Q N S P  
 A K S R V I V E L I J X P A I I L R D E O U O A  
 R I V D L N T I Z X J G Q D P N N J M A N S R R  
 T C S A I S H B T O R M H E J G I A T G D N C K  
 E W N M A S F I H S E L V O Y S A P M A D U D S  
 D O L I D S K D O M E O W U D X R A D T A X E L  
 M J L Q A Z R G T J U F U O K U S N G E M W R G

AIR CONDITIONING

FIRST WORLD WAR  
STARTED

GOLFING

HUMID

MONA LISA STOLEN

PICNICS

RED CROSS FOUNDED

SWIMMING

AMUSEMENT PARKS

GATHERINGS

GREAT TRAIN  
ROBBERY

LEMONADE

OXYGEN DISCOVERED

POOL

REUNIONS

VACATION

COLUMBUS SET SAIL

GEM STONE AGATE

GRILLING

MARTIN LUTHER KING  
SPEECH

PARKS

PRINCESS DIANA KILLED

SECOND WORLD WAR ENDS

VICTORY OVER JAPAN

FESTIVALS

GLADIOLUS

HOT

MODEL T  
FORD

PARTIES

RAINGLESS

SUNSCREEN



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



# Out and About

We have enjoyed popping out and about over the last few weeks, from short trips over the road to Christchurch Park, to Felixstowe for fish and chips, to a spot of trainspotting, - it has been great to help some of residents out. If there is anywhere you would like to take a loved one, please do let us know and we would be pleased to help!









# LAUNDRY FOLDING

The laundry staff appreciate the help that is regularly offered - towels, sheets, blankets and pairing socks. Our residents are always pleased to lend a hand with the housekeeping!





## August in History

A lot has happened in August throughout the years! Please see some interesting occurrences that have taken place within the month. There are some more to be found in our wordsearch in this months puzzle!



3 August	1926	Britain's first set of electric traffic lights appear on the streets of London.
4 August	1914	Britain declared war on Germany in support of Belgium and France.
5 August	1962	Nelson Mandela imprisoned for attempting to overthrow South Africa's apartheid rule.
6 August	1881	Birth of Sir Alexander Fleming, Scottish discoverer of penicillin.
7 August	1840	Britain bans the employment of climbing boys as chimney sweeps.
8 August	1963	Britain's Great Train Robbery – £2.6 M stolen from Royal Mail.
14 August	1945	Japan surrenders to the Allies, ending the Second World War.
22 August	1485	Richard III becomes the last English king to die in battle, killed at Bosworth Field in Leicestershire.
23 August	1940	The first night of the Blitz as German planes bomb the city of London.
24 August	1875	Matthew Webb (Captain Webb) started his attempt from Dover in Kent, to become the first person to swim the English Channel. He reached Calais, France at 10.40 am the following morning, having been in the water for 22 hours.
27 August	1900	Britain's first long distance bus service begins between London and Leeds. The journey time being 2 days!
31 August	1900	Coca Cola is sold for the first time in Britain.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.



# Bastille Day





# **Family Fun Day 2023**

Join us for our annual  
family fun day on

**Saturday 12th August      11am - 4pm**

**Barbecue**

**Cream Teas**

**Outdoor Games**

**Make Your Own  
Pizza**

**Balloon Modelling**

**Circus Skills**

**Ice Cream Van**

**Raffle**

**Face Painting**

**Magic Show**

**And much much more for all ages...**



Bethesda  
Eventide Homes

***This event will be our main fundraising event for  
the year. Donations will be gratefully accepted on  
the day or can be given electronically***

# Special Visitors

We have had a few special visitors over the last few weeks. Marion brought in her dog Spot, Becky brought in her dog Lucky and Shqiponja and Tom brought in Dion and Freddie. It was lovely to see them all!











Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



**carehome.co.uk**

<https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>



# Smoothie Making

Some of the ladies treated us to some lovely smoothies.! They were then pleased to deliver them to anyone who wanted one, even the visiting nurse received a tasty treat!





In July we enjoyed celebrating with Shirley, Beryl & Hazel on their birthdays! We also have a picture of Joan, which we missed last month!

We don't have any residents celebrating birthdays in August - which doesn't happen often!



## Bethesda Eventide Homes

Home Manager - Tom Horrex  
Business Manager - Karen Bannister  
Deputy Manager - Claire Cates

Bethesda Eventide Homes  
59a Henley Road,  
Ipswich  
IP1 3SN

01473 211431

[seniorteam@bethesdaeventidehomes.co.uk](mailto:seniorteam@bethesdaeventidehomes.co.uk)