

# Bethesda Eventide Times

## December 2023

[www.bethesdaeventidehomes.co.uk](http://www.bethesdaeventidehomes.co.uk)

Issue 41

Hello and welcome to our newsletter for December 2023.

As you will see, we have had a very busy November, enjoying lots of activities as well as beginning preparations for Christmas. We thoroughly enjoyed fireworks night and were pleased to have so many families join us! There were lots of photos to choose from this month - we hope you enjoy seeing everything we have been up to!

Please see to the right the activities planned for December, which you are all welcome to join us for. Inside are also further details regarding our Christmas activities, please do invite your friends and families! There is plenty planned, and we are expecting lots of visitors throughout the month, so we look forward to seeing you soon!

We hope you enjoy December's newsletter, and we wish you all a happy Christmas!

from all at Bethesda Eventide Homes

### December Dates

#### December 4th

Christmas Tree Competition

#### December 6th

Elf Day

#### December 7th

Otley Bell Ringers

#### December 11th

Wizard of Oz Pantomime

#### December 18th

Christmas Jumper Day

#### December 22nd

Family Christmas Party

#### December 28th

Quiz Evening



# Firework Night

On Friday 3rd November we had our very own firework night celebrations. We enjoyed a lovely BBQ prepared before watching Tom's firework display. To top it all off we enjoyed a hot chocolate complete with marshmallows. It was a lovely to be able to share the occasion with many of our loved ones and one we are already looking forward to it again next year!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!











On November 5<sup>th</sup>, 1605 thirteen young men planned to blow up the Houses of Parliament. Among them was Britain's most notorious traitor, a man called Guy Fawkes. They rented a house next to Parliament; dug a tunnel; and into the tunnel they placed 36 barrels (1.5 tonnes of gunpowder).

One of the group members a man called Francis Tresham became a traitor to his companions. He sent an anonymous letter warning his brother-in-law, Lord Monteagle telling him not to attend Parliament on November 5<sup>th</sup>. As a result, Guy Fawkes and some of his companions were captured and the plot foiled. They were imprisoned and tortured, and on January 31<sup>st</sup>, 1606 Guy Fawkes and seven others were hanged.

On the very night that the Gunpowder Plot was foiled, on November 5<sup>th</sup>, 1605, Bonfires were set alight to celebrate the safety of the King. Since then, November 5<sup>th</sup> has become known as Bonfire Night. The event is commemorated every year with fireworks and burning effigies of Guy Fawkes on a bonfire.



BETHESDA EVENTIDE HOMES

# Christmas Events

Monday 4th - Christmas Tree Competition

Wednesday 6th - Elf Day

Thursday 7th - Otley Bell Ringers

Monday 11th - Wizard of Oz Pantomime

Monday 18th - Christmas Jumper Day

Friday 22nd - Family Christmas Party

Thursday 28th - Quiz Evening

Dec 2023



# Keeping Active

We always enjoy keeping active. We have daily “wake and shake” sessions, and many more exercised based activities. We have visits from Luke and Sarah, to lead activities and Zumba, and lots more!



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



# December Quiz

1. What is the birth flower of December?
2. Which artwork, painted by Michelangelo, was shown for the first time on December 1, 1512?
3. On December 1, 1995, the apartheid system came to an end in which country?
4. The push-button phone was first offered to the public on December 18, 1963, by which company?
5. Which longest-serving British Prime Minister in the twentieth century, resigned on December 22, 1990, after 11 years in office?
6. Who was crowned Emperor / “King of Kings of Ethiopia” on December 2, 1930?
7. On December 5, 1935, which company presented the Monopoly game to the globe?
8. What is the date of birth of British statesman Sir Winston Churchill?
9. Which famous actor of the film “Titanic” was born in December?
10. Which famous Australian horse racing event is held in December every year?
11. On December 19, 1863, which US President delivered his Gettysburg Address?

## November Quiz Answers

1. Chrysanthemum
2. Sistine Chapel Ceiling
3. South Africa
4. Bell Systems
5. Margaret Thatcher
6. Haile Selassie
7. Hasbro
8. 30 November 1874
9. Leonardo Di Caprio
10. Melbourne Cup
11. Abraham Lincoln





# Remembering...








*In Flanders' Fields*

In Flanders' fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders' fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch, be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders' fields.

Major John McCrae, 1915



# Quiz Evening

As you may have seen in November's newsletter we will be holding a quiz evening on Thursday 28th December 2023 at 7pm. This will be a chance to put your knowledge to the test against a team of staff and residents based at the home, the Bethesda Brainboxes!

If you would like to enter, email tom at [tom@bethesdaeventidehomes.co.uk](mailto:tom@bethesdaeventidehomes.co.uk) by Friday 22nd December to let him know. Teams are welcome to join us at the Homes for the quiz, or equally welcome to join us at home over Zoom - just let us know which you will be doing!

Please also feel free to share this event with any other family or friends who may wish to enter! There is no entry fee, however any donations towards our activities fund would be hugely appreciated. There will be some festive treats for the winning team!

A poster for a quiz night event. The top half has a teal background with a large yellow lightbulb on the left. Several question marks are scattered around the lightbulb. The text 'BETHESDA EVENTIDE HOMES' is in white at the top. Below it, 'QUIZ NIGHT' is in large white letters. 'Dec. 28 7PM' is in yellow. 'WRITTEN & HOSTED BY TOM' is in white. The bottom half has an orange background. It says 'JOIN US IN OUR MAIN LOUNGE FOR THIS YEARS QUIZ - OR ALTERNATIVELY, JOIN US FROM THE COMFORT OF YOUR OWN HOME ON ZOOM!' in teal. Below that, 'CAN YOU BEAT OUR TEAM OF STAFF AND RESIDENTS?' is in black. Then, 'IF YOU WOULD LIKE TO JOIN US, PLEASE LET TOM KNOW. MAXIMUM TEAM SIZE OF 6(ISH) PLEASE!' is in black. At the bottom, 'DONATIONS WOULD BE GRATEFULLY RECEIVED TOWARDS OUR ACTIVITIY BUDGET FOR NEXT YEAR - BUT THIS IS OPTIONAL, WE HOPE YOU CAN JOIN US!' is in black. A black starburst shape on the left says 'PRIZE FOR THE WINNERS!' in white.

**BETHESDA EVENTIDE HOMES**

# QUIZ NIGHT

**Dec. 28 7PM**

WRITTEN & HOSTED BY **TOM**

**JOIN US IN OUR MAIN LOUNGE FOR THIS YEARS QUIZ - OR ALTERNATIVELY, JOIN US FROM THE COMFORT OF YOUR OWN HOME ON ZOOM!**

**CAN YOU BEAT OUR TEAM OF STAFF AND RESIDENTS?**

**IF YOU WOULD LIKE TO JOIN US, PLEASE LET TOM KNOW. MAXIMUM TEAM SIZE OF 6(ISH) PLEASE!**

**DONATIONS WOULD BE GRATEFULLY RECEIVED TOWARDS OUR ACTIVITIY BUDGET FOR NEXT YEAR - BUT THIS IS OPTIONAL, WE HOPE YOU CAN JOIN US!**

**PRIZE FOR THE WINNERS!**





December was originally the tenth month of the year in the Roman calendar. It gets its name from the Latin word "decem" which means tenth. However, when the Romans added January and February to the calendar, it became the twelfth month. They still kept the name, though.

It is the first month of winter and the last month of the year.

National Cookie Day is December 4th. Other snacks celebrated this month include pie, cotton candy, chocolate brownies (mmm!), cocoa, and cupcakes.

December in the Northern Hemisphere is similar to June in the Southern Hemisphere.

The first day of Winter is on either December 21 or 22. This is the shortest day of the year and the longest night. It is called the Winter or Southern solstice in the Northern Hemisphere.

The term Yuletide comes from a Norse tradition of cutting and burning a tree to bring in the Winter Solstice. This was to last through 12 days – later known as the 12 days of Christmas.

December 12th is Poinsettia Day.

Saint Nickolas, who would eventually be called Santa Claus, was originally the patron saint of children, thieves and pawnbrokers!



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further

# Thanksgiving



We celebrated thanksgiving in true American style. The Kitchen cooked a delicious thanksgiving feast and Yvonne and the staff on duty provided some American themed activities and entertainment, while some residents slept off their banquet!







Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.

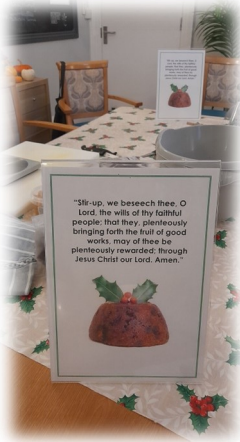


This month is a test of your observational skills. Hidden within the picture below are many Christmas songs, both traditional and contemporary. How many can you spot? There are 28 in total!





# Making Christmas Cake







# Hedgehog Houses

We enjoyed having Suffolk Wildlife Trust visit us to help us build some hedgehog houses. We now have 3 hedgehog houses in our garden areas which we hope they find warm over the winter! Suffolk Wildlife Trust will be visiting us again in December to help us make some willow wreaths!





In November we have enjoyed celebrating Pamela, Betty and Joyce's birthdays with them.

In December we look forward to celebrating Betty, Coral and Rosemarys birthdays with them. We hope to be able to share photos of their celebrations in our next newsletter!



## Bethesda Eventide Homes

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