

Bethesda Eventide Times

January 2024

www.bethesdaeventidehomes.co.uk

Issue 42

Hello and welcome to our first newsletter of 2024, and may we wish you a Happy New Year!

We hope you have all had a lovely Christmas time, spent with lots of friends and family. The Home has been full of activities and visitors which has led to a very busy month!

We enjoyed our first Family Christmas party, with lots of guests of all ages coming to join us for our carol service, and to see Father Christmas too!

Please see to the right the activities planned for January, which you are all welcome to join us for, please do invite your friends and families! There is plenty planned, and we are expecting lots of visitors throughout the month, so we look forward to seeing you soon!

We hope you enjoy January's newsletter, and we wish you all a happy New Year!

from all at Bethesda Eventide Homes

January Dates

January 5th

National Shortbread Day

January 8th

Bath Bomb Making

January 12th

Fitness with Luke

January 16th

Bumba with Sarah

January 18th

Winnie the Pooh Day

January 22nd

Chinese New Year

January 25th

Burns Night Celebrations

January 19th

Kiddleydivey



Some Special Guests

We were very grateful to Felipe, Yvonne and Marion for providing us with plenty of entertainment in the form of a festive puppet show. It was hilarious! We were all entertained, wondering who was behind the curtain - then all was revealed!



A Visit to Oz

We all enjoyed this years visiting pantomime and their performance of Wizard of Oz.

Dorothy, the Tin Man, the Lion and the scarecrow were also in attendance, and we were pleased to share the evening with so many visitors. We are already looking into next years performance!



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!





If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



The Anglo-Saxons called January “Wulfmonath” as it was the month hungry wolves came scavenging at people’s doors.

The Romans named it January after Janus, the God of gateways.

Janus had two heads so he could look in both directions, back at the old year and forward towards the new year, at the same time.

According to the International Standard Organisation’s ISO 8601, week 1 of any year is the week including January 4.

Daytime temperatures in January make it the coldest month of the year in the UK. February nights are colder in England (but not Scotland).

The only Shakespeare plays that mention January are Much Ado About Nothing and Winter’s Tale.

The birthstone for January is the garnet; the flower is the carnation.

The first recorded reference to a “January sale” in the UK was in 1865.

There is a variety of cold-tolerant winter cabbage grown in England known as January King.

January’s Moon is called the Wolf Moon. The Saxon word for the month was Wulfmonath or “wolf month.”



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

Deck the Homes...

Of course Christmas isn't complete without lots of decorations. We had our annual Christmas tree competition, as well as making some Christmas wreaths. Everywhere has been looking very festive, the residents and staff have certainly done a great job!







Happy Christmas Everyone!





Monthly Brainteaser

Please see below two Sudoku puzzles to keep you busy! Also the answers to our December quiz are listed, we hope you found them all!

We also need to congratulate "John's Joker" on their victory in our quiz night. They were able to take part from within the Homes, so a very big well done goes to John and his family, a prize will be on its way!

December Quiz - Answers

How many of the carols/songs were you able to find in the picture quiz in last month's newsletter?

- O Little town of Bethlehem
- Last Christmas
- Rudolph the Red-Nosed Reindeer
- 12 days of Christmas
- Santa Claus is coming to town
- Away in a Manger
- 2 Become 1
- Rockin' around the Christmas tree
- Silent Night
- White Christmas
- Christmas Wrapping
- All I want for Christmas is You
- Jingle Bells
- We 3 Kings of Orient are
- Little Drummer Boy
- Mistletoe and Wine
- The Holly and the Ivy
- Fairytale of New York
- Step into Christmas
- Stay another Day
- killing in the name
- Santa Baby

				4				5
	5	7			1			
	9		2		7	6		8
		9					1	7
8					4	2		
	1	4		2			6	
		5		8				
			4		5		3	
1		3	7					

8	4			7				
7				6	2			
			5			2		
		8	7				1	2
1	7				8		4	
	6			4	1			
		6				5		9
			9	8				6
			6			7	3	

Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



carehome.co.uk

<https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>

Christmas Party



We were joined by many guests for our first Family Christmas party. We had a carol service, followed by some crafts, gingerbread decorating, refreshments and of course a visit from Santa! It was an evening that was enjoyed by all ages, and it was magical to see the residents and their families and many other guests experiencing a Christmassy evening together.





Quiz Night

We were joined by 10 teams for our annual quiz night, which was enjoyed by many in the Home, as well as several teams joining us via zoom. Thank you for all who took part and a special well done to Joyce and Shirley who were in the winning team - Creatively named "Shirley's Team!"



In December we have enjoyed celebrating Betty, Coral and Rosemary's birthdays with them. Coral escaped the camera, but they all had a lovely day.

In January we look forward to celebrating John, Ruby, Ruby and Mary's birthdays with them. We hope to be able to share photos of their celebrations in our next newsletter!



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