

Bethesda Eventide Times

May 2024

www.bethesdaeventidehomes.co.uk

Issue 46

Hello and welcome to our newsletter for May 2024!

The Home has been full of activities and visitors which has led to a very busy month!

The pergola works are progressing nicely, and the resin area underneath it will be soon updated. We have also had a new carpet to the upstairs corridor.

We were pleased to enjoy various events throughout the month and we were pleased that we were able to share many of these events with some visitors to the Homes. As the weather is getting warmer, we are looking forward to utilising our garden areas, and we have begun to plant out the garden spaces.

We have plenty planned for May, please see our main activity days to the right, you would be more than welcome to join us for any of our activities! Please also see inside details regarding this years fun day, we hope many of you will be able to join us for this!

We hope you enjoy May's newsletter!

from all at Bethesda Eventide Homes

May Dates

May 6th

Cinco de Mayo

May 14th

Cheese & Wine Tasting

May 15th

Chocolate Chip Day

May 20th

Plant a Vegetable
Garden Day

May 24th

Cheese & Wine Tasting

May 27th

Kiddleydivey

May 28th

National Hamburger Day





Table Tennis

One of our new favourites is table tennis! We usually set this up once a week, and lots of staff and residents join in! We try not to get too competitive but we can't promise anything!





The name May is the modern-day English adaption of the Latin word *Maius*, which has origins going back to the time of the ancient Greeks. They named the month of May (or Maius) after the Greek goddess of growth.

May used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!

May is a special time for *Star Wars* fans worldwide and always a good reason to re-watch the movies. May the 4th is celebrated as Star Wars day, due to the way the date sounds similar to "May the Force."

Every year there is a particular meteor shower in May called the Eta Aquariids meteor shower. Discovered in 1870, this meteor shower passes by Earth between April 19 and May 28. It's easiest to view it from the equatorial regions of the world and can be glimpsed passing by just before dawn.

The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world. Many other sky-high constructions have since dwarfed it, but it's still an awe-inspiring feature of the New York cityscape!

Back in the day in Europe, it wasn't a good May if you didn't celebrate it with a maypole. In the UK, at least, they were present since at least 1350 AD. Celebrants would erect a long pole and attach flowers, garlands, and strips of fabric to it, around which certain dances would take place.

May is a pretty good month for US presidents. Every other month of the year, at least one US president has died, but never in May!

May actually has two birth flowers – the Lily-of-the-Valley and the Hawthorn. The Hawthorn flower is a symbol of hope, while the Lily-of-the-Valley represents the return of happiness and sweetness.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free



National Carrot Day

We enjoyed a carrot themed day for National Carrot Day, dressing in orange. Making carrot cake, planting carrots and even having a lovey bunny visit!





If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



Out and About...

We have continued to enjoy trips out for some fresh air, whether it's across to the park, or on one of Shirley's outings, many have enjoyed the milder weather, and the sunshine!



Family FUN DAY

- Live Music
- Petting Farm
- Fire Engine
- Barbecue
- Ice Cream Van
- Raffle & Other Games
- and Much Much More!

SATURDAY
13th July
11am - 4pm

Bethesda Eventide Homes



Pet Day

We were visited by several four-legged friends for National Pet Day. We enjoyed all of the visitors and sharing lots of cuddles too! Thank you to all who brought in their pets for us to meet!





“May” Brainteaser

This month we have a quiz themed around “May.” We hope you don’t find it too challenging, keep your eyes peeled next month for the answers! - no cheating!

1. What's the birthstone of May - it represents love and success
2. Which tennis Open Championship normally begins in the last week of May?
3. What are the two zodiac signs for the month of May?
4. May in the Northern Hemisphere is similar to which month in the Southern Hemisphere?
5. Which sweetly scented, highly poisonous woodland flowering plant is the birth flower of May?
6. Historically, what sort of dancing has been linked to May Day celebrations?
7. Who did Queen guitarist Brian May marry in November 2000?
8. 'The Third of May 1808', is a painting completed in 1814 by which Spanish painter?
9. How long is the lifespan for the adult female Mayfly, *Dolania americana*: 5 minutes, 5 hours, or 5 days?
10. According to a 1732 traditional saying, what should you never cast till May be out?
11. What is the more common name for the Mayflower shrub?
12. Theresa May was born in which town?



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

Day at the Races



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.

Wear Your Pyjamas to Work Day

Productivity was a little lower than usual on wear your pyjamas to work day, comfort and relaxation were key, with pyjamas, eye-masks, pancakes, blankets and teddies all featuring!



Campfire Afternoon



It is with great sadness that we include the news of the passing of Ruby Flory, Betty Smith and Herbert Beckett since our last newsletter. They were all with us for many years and all will be very dearly missed.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**

In April we celebrated Herbie's birthday! We also have photos of Audrey's birthday celebrations in March which we accidentally missed from the last newsletter!

In May we look forward to celebrating Joan, Derek and Josie's birthdays. We hope to be able to share photos of their celebrations in our next newsletter!



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