

Bethesda Eventide Times

October 2024

www.bethesdaeventidehomes.co.uk

Issue 51

Hello and welcome to our newsletter for October 2024!

As always we have had lots going on in September that we are pleased to be able to share with you in this month's newsletter.

We enjoyed many theme days throughout the month, and a wide variety of food, games and activities. A huge thank you must go to the activities and kitchen team for their hard work, as well as all of the other staff who support them.

There are many pages of photos from the various activities hope you will enjoy looking through - the hardest part was choosing which ones to put in, there were 1000s of photos taken throughout the month!

We have plenty planned for October, please see our main theme days to the right, you are more than welcome to join us for any of our activities!

We hope you enjoy October's newsletter!

from all at Bethesda Eventide Homes

October Dates

October 1st

Oktoberfest

October 7th

Mad Hatter's Tea Party

October 14th

National Dessert Day

October 18th

Fitness with Luke

October 29th

Feed the Birds Day



Ballet & Tap Show

We were delighted to welcome “En Pointe School of Dancing” into the Homes, as they performed a number of ballet and tap dances for us to enjoy. The daughters of two members of staff belong to this group, and we are very grateful to them and their friends for putting on such a wonderful show!



Out and About

The weather is getting cooler, but there have still been a few nicer days where we have been able to continue to enjoy a few outings over to the park! Shirley will be continuing her day out Wednesdays over the winter, although the destination will hopefully be somewhere nice and warm!





If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!





October 1st 1908 - Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time

October 3rd 1990 - After 45 years of Cold War division, East and West Germany were reunited as the Federal Republic of Germany

October 6th 1927 - The first "talkie" opened in New York. The Jazz Singer starring Al Jolson was the first full-length feature film using spoken dialogue

October 12th 1492 - After a 33-day voyage, Christopher Columbus made his first landfall in the New World in the Bahamas. He named the first land sighted as El Salvador, claiming it in the name of the Spanish Crown. Columbus was seeking a western sea route from Europe to Asia and believed he had found an island of the Indies. He thus called the first island natives he met, 'Indians.'

October 13th 1884 - Greenwich was established as the universal time from which standard times throughout the world are calculated

October 20th 1632 - British architect Christopher Wren was born in Wiltshire, in southwestern England. Considered one of the greatest minds of his time, he designed St. Paul's Cathedral and 52 churches for the City of London

October 21st 1805 - The Battle of Trafalgar took place between the British Royal Navy and the combined French and Spanish fleets. The victorious British ended the threat of Napoleon's invasion of England. British naval hero Admiral Horatio Nelson was fatally wounded aboard his ship, HMS Victory.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

Keeping Active

We have plenty of activities to keep us active, whether it is visits from Gunni from Kiddleydivey, or Seated Zumba with Sara-Ann, we have lots going on to keep us fit and healthy! Our activities team also help with this, whether its kurling, golf or their own armchair exercise sessions!












October Brainteaser

This month we have a selection of Dingbat or Rebus puzzles! Its as simple as saying what you see... or its supposed to be anyway! Answers will be revealed in the next newsletter - as long as we have worked them out by then too!

1 Get it Get it Get it Get it	2  Jack	3 Somewhere 	4 DOOR
5  READ	6 Blood Water	7 Beeeee	8 CANCELED
9 once 	10 Egg Egg HAM	11 Try $\frac{\text{Stand}}{2}$	12 TOWN
13 NI bumpGHT	14 Aid ← Aid Aid	15 Mill1on	16  3.14
17 ice ³	18 R O G O N C I K 	19 Think 	20 GROUND feet feet feet feet feet feet
21 1 KNOWS	22 Big Big ignore ignore	23 RAKEN	24 KNEE light light

September Quiz - Answers

1. Bouvier 2. Great Fire of London 3. Manhattan 4. Portugal
5. George Bush - reading a book with primary school children 6. Poland 7. Mayflower
8. Spain 9. New Zealand
10. Named after Robert Peel who established the police force 11. Greenday



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



Sounds of Music



We were very pleased to welcome the Co-Op Choir who kept us entertained with their fantastic singing! It got residents and staff alike up on their feet, and we all enjoyed a very musical afternoon together.





We are very pleased to be able to invite all families, friends and visitors to this years Firework Night. including a BBQ, hot chocolate and fireworks display! There will be a box in place for donations, and we will also welcome online donations through a bank transfer or PayPal. Any donations will go towards our resident's activity funds for next year.

Please note, you will not be able to use our car park, as this is where the Fireworks will be set off from! Parking will be available on Dale Hall Lane. If you are hoping to join us, please let us reception so we can cater accordingly.



Talk Like a Pirate Day



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.

BETHESDA EVENTIDE HOMES

Christmas Events

Wednesday 4th - Elf Day

Thursday 5th - Christmas Tree Competition

Friday 6th - Beauty & the Beast Pantomime

Thursday 12th - Carols with Ipswich Prep School

Tuesday 17th - Otley Bell Ringers

Friday 20th - Family Christmas Party
(Salvation Army, Santa's Grotto, Crafts & More)

Friday 27th - Quiz Evening

Dec 2024

Oktoberfest



We enjoyed our annual Bavarian themed day, with a lovely menu prepared by the kitchen, themed armchair exercises and music before some of the ladies treated us all to some delicious homemade pretzels!





It is with great sadness that we include the news of the passing of Joyce Lane and Mary Day since our last newsletter. Both will be very dearly missed. Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**

In September we enjoyed celebrating Christine's birthday. Happy Birthday Christine!

In October we look forward celebrating with Pauline and Brenda and look forward to sharing some birthday pictures again next month!



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