## Bethesda Eventide Times November 2024

www.bethesdaeventidehomes.co.uk

Hello and welcome to our newsletter for November 2024!

As always we have had lots going on in October that we are pleased to be able to share with you in this months newsletter.

We enjoyed many theme days throughout the month, and a wide variety of food, games and activities. A huge thank you must go to the activities and kitchen team for their hard work, as well as all of the other staff who support them.

We have already enjoyed our firework night, and have lots more that is being planned for Christmas! Please see to the right the activities planned for November, which you are all welcome to join us for. Inside are also details regarding our Christmas activities, please do invite your friends and families

We hope you enjoy November's newsletter!

from all at Bethesda Eventide Homes

#### November Dates

Issue 52

**November 1st** Firework Night

**November 11th** Remembrance Day

> November 18th Wild West Day

November 25th Music with Chris

November 28th Thanksgiving



# **Keeping Active**

We have had another very active month, with lots to help keep us fit and healthy! Whether its kurling, golf or our own daily armchair exercise sessions, there is always something to keep us active - this month we even enjoyed a disco!





#### **Cress Heads**

One of our favorite activities was making Cress-Heads! It brought back many memories of children and grandchildren bringing these back from school! They are all lined up on the windowsill awaiting their first "Hair Cut!"

















# Mad Hatter's Tea Party

We disappeared down the rabbit hole to enjoy Yvonne's Mad Hatter's Tea Party! It was a lovely occasion, and the lounge looked beautiful! We watched Alice in Wonderland during the afternoon, played flamingo croquet, and all had a rather "Mad" time!











































If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



In Anglo-Saxon times, November was known as Blotmonaþ (blood month or sacrifice month).

November is the only month used to represent a letter in the phonetic alphabet.

Although the word November dates back to Old English, the first known use of Novemberish, was by Robert Burns in 1793.

According to research published in 2008, serial killers are more likely to be born in November than any other month.

US Presidential elections are held every four years on the first Tuesday after the first Monday in November.

Always starting on the same day of the week as March, and always ending on the same day of the week as August, November is the only month never mentioned in any of Shakespeare's works.

The name of the month of November comes from the Latin "novem", meaning "nine", because in the Roman calendar November was the ninth month of the year out of a total of ten months. With the adding of January and February at the beginning of the calendar after the Julian calendar reform, November became the eleventh month of the year, as we know it today.

In the UK, Australia, United States and Canada, November is associated with Movember (moustache November), a movement that encourages men to grow a moustache as a symbol of celebrating men's health and raise awareness regarding different male diseases.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

## Laundry Ladies

A number of our ladies enjoy helping out the laundry staff. Whether its folding towels, pairing socks or a little bit of sewing, our ladies are always willing to lend a hand!

































## November Quiz

1. What is the birth flower of November?

2. Which artwork, painted by Michelangelo, was shown for the first time on November 1, 1512?

3. On November 1, 1995, the apartheid system came to an end in which country?

4. The push-button phone was first offered to the public on November 18, 1963, by which company?

5. Which longest-serving British Prime Minister in the twentieth century, resigned on November 22, 1990, after 11 years in office?

6. Who was crowned Emperor / "King of Kings of Ethiopia" on November 2, 1930?

7. On November 5, 1935, which company presented the Monopoly game to the globe?

8. What is the date of birth of British statesman Sir Winston Churchill?

9. Which famous actor of the film "Titanic" was born in November?

10. Which famous Australian horse racing event is held in November every year?

11. On November 19, 1863, which US President delivered his Gettysburg Address?

### October Dingbats- Answers

1.Forget it 2. Jack in the box 3. Somewhere over the rainbow 4. Back door 5. Read between the lines 6. Blood is thicker than water 7. Belong 8. Cancelled check 9. Once upon a time 10. Green eggs and ham 11. Try to understand 12. Downtown 13. Bump in the night 14. First aid 15. One in a million 16. Apple pie 17. Ice cube 18. Rockin' around the Christmas tree 19. Think outside the box 20. Six feet under the ground 21. Won by a nose 22. Too big to ignore

If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



## Great Bethesda Bake Off

We certainly think we would get a "Paul Hollywood Handshake" with all of the baking that has taken place this month! From Tarts to Flapjack and everything in between, our ladies have treated us to lots of goodies!



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ



It is with great sadness that we include the news of the passing of Joan Picton since our last newsletter. Joan had been living with us for over 6 years and will be very dearly missed by all associated with the Homes.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**  **BETHESDA EVENTIDE HOMES** 

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Wednesday 4th - Elf Day Thursday 5th - Christmas Tree Competition Friday 6th - Beauty & the Beast Pantomime Thursday 12th - Carols with Ipswich Prep School Tuedsay 17th - Otley Bell Ringers

Friday 20th - Family Christmas Party (Salvation Army, Santa's Grotto, Crafts & More)

Friday 27th - Quiz Evening

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FORE! One of our favourite activities is crazy golf! Visitors, staff and residents all join in, and hopefully don't get too competitive! Thankfully we have some slightly lighter golf balls, and there have been no breakages yet!



In October we enjoyed celebrating Pauline's and Brenda's birthday. Happy Birthday Pauline and Brenda!

In November we look forward to celebrating with Pamela and look forward to sharing some birthday pictures again next month!







#### **Bethesda Eventide Homes**

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