

# Bethesda Eventide Times

## May 2025

[www.bethesdaeventidehomes.co.uk](http://www.bethesdaeventidehomes.co.uk)

Issue 58

Hello and welcome to our newsletter for May 2025!

The Home has been full of activities and visitors which has led to a very busy month!

We have all enjoyed a lovely warm spell, with lots of events and activities taken place in our garden. We have had singers, a belly dancer, and a group of visiting students from Suffolk new college.

We were pleased to enjoy various events throughout the month and we were pleased that we were able to share many of these events with some visitors to the Homes. As the weather is getting warmer, we are looking forward to utilising our garden areas, and we have begun to plant out the garden spaces.

We have plenty planned for May, please see our main activity days to the right, you would be more than welcome to join us for any of our activities! Please also see inside details regarding this years fun day, we hope many of you will be able to join us for this!

We hope you enjoy May's newsletter!

From all at Bethesda Eventide Homes

### May Dates

**May 5th**

Cinco de Mayo

**May 8th**

VE Day Street Party

**May 13th**

Seated Zumba

**May 15th**

Chocolate Chip Day

**May 19th**

Plant a Vegetable  
Garden Day

**May 26th**

National Wine Day

**May 28th**

National Hamburger Day





# Easter Event

We enjoyed our annual Easter event, which included an Easter egg hunt, fish and chip tea and quiz evening. The sun was shining and we were pleased to have lots of visitors join us - A big well done to our winning quiz team too!







If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!





The name *May* is the modern-day English adaption of the Latin word *Maius*, which has origins going back to the time of the ancient Greeks. They named the month of *May* (or *Maius*) after the Greek goddess of growth.

*May* used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!

*May* is a special time for *Star Wars* fans worldwide and always a good reason to re-watch the movies. *May* the 4<sup>th</sup> is celebrated as *Star Wars* day, due to the way the date sounds similar to "*May the Force.*"

Every year there is a particular meteor shower in *May* called the *Eta Aquariids* meteor shower. Discovered in 1870, this meteor shower passes by Earth between April 19 and May 28. It's easiest to view it from the equatorial regions of the world and can be glimpsed passing by just before dawn.

The *Empire State Building* opened its doors on *May* 1, 1931. At the point of its construction, it held the record for being the tallest building in the world. Many other sky-high constructions have since dwarfed it, but it's still an awe-inspiring feature of the *New York* cityscape!

Back in the day in Europe, it wasn't a good *May* if you didn't celebrate it with a maypole. In the UK, at least, they were present since at least 1350 AD. Celebrants would erect a long pole and attach flowers, garlands, and strips of fabric to it, around which certain dances would take place.

*May* is a pretty good month for US presidents. Every other month of the year, at least one US president has died, but never in *May*!

*May* actually has two birth flowers – the *Lily-of-the-Valley* and the *Hawthorn*. The *Hawthorn* flower is a symbol of hope, while the *Lily-of-the-Valley* represents the return of happiness and sweetness.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free



# An Egg-citing Month



April saw us hatching our own chicks! After what seemed like weeks and weeks, there was much anticipation as the eggs began to wobble, and we were soon joined by Hope, Queenie, Brownie and Gary! They stayed with us for just over a month and have now moved to their forever home! Hopefully they will lay us some eggs for next year!



# Family FUN DAY

- Live Music
- Petting Farm
- Police Car
- Barbecue
- Ice Cream Van
- Raffle & Other Games
- and Much Much More!

**SATURDAY**  
**12th July**  
**11am - 4pm**

**Bethesda Eventide Homes**





# A special Visitor



We were pleased to welcome Spot, who came in to visit us for National Pet Day. Spot always enjoys lots of treats and attention, and leaves lots of smiles on faces too — thank you Spot!





# “May” Brainteaser

This month we have a quiz themed around “May.” We hope you don’t find it too challenging, keep your eyes peeled next month for the answers! - no cheating!

1. What's the birthstone of May - it represents love and success
2. Which tennis Open Championship normally begins in the last week of May?
3. What are the two zodiac signs for the month of May?
4. May in the Northern Hemisphere is similar to which month in the Southern Hemisphere?
5. Which sweetly scented, highly poisonous woodland flowering plant is the birth flower of May?
6. Historically, what sort of dancing has been linked to May Day celebrations?
7. Who did Queen guitarist Brian May marry in November 2000?
8. 'The Third of May 1808', is a painting completed in 1814 by which Spanish painter?
9. How long is the lifespan for the adult female Mayfly, *Dolania americana*: 5 minutes, 5 hours, or 5 days?
10. According to a 1732 traditional saying, what should you never cast till May be out?
11. What is the more common name for the Mayflower shrub?
12. Theresa May was born in which town?



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



# Boys & their Toys

Our latest “boys and their toys” event saw us welcome the Christian Motorcyclist Association into the Home. We very much enjoyed their company (and their bikes)

Thank you to those who took the time to visit us!







*12th  
June*

*Beach  
Day*

**An advance date for your diary!**

**Join us on Thursday 12th of June for a trip to "The Hut" on Felixstowe Seafront, for a day at the seaside and a fish and chip lunch!**

**Further details to follow!**



# International Dance Day

We enjoyed something a little different for International Dance Day, as we were visited by Sarah who demonstrated some belly dancing! It was great fun, and not too long before some of the staff (and residents) joined in!



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



# Feeling Pampered







It is with great sadness that we include the news of the passing of Josie Hovells and Phyllis Clarke since our last newsletter, both will be very dearly missed.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**

In April we enjoyed celebrating with Beryl and Hazel - Happy Birthday both!

In May we look forward to celebrating with Ivy, Joan, Derek and Joyce. We look forward to sharing some birthday pictures again next month!



## Bethesda Eventide Homes

Home Manager - Tom Horrex  
Business Manager - Karen Bannister  
Deputy Manager - Claire Cates

Bethesda Eventide Homes  
59a Henley Road,  
Ipswich  
IP1 3SN

01473 211431

[seniorteam@bethesdaeventidehomes.co.uk](mailto:seniorteam@bethesdaeventidehomes.co.uk)