## Bethesda Eventide Times November 2025

www.bethesdaeventidehomes.co.uk

Issue 64

Hello and welcome to our newsletter for November 2025!

As always we have had lots going on in October that we are pleased to be able to share with you in this months newsletter.

We enjoyed many theme days throughout the month, and a wide variety of food, games and activities. A huge thank you must go to the activities and kitchen team for their hard work, as well as all of the other staff who support them.

We have already enjoyed our firework night, and have lots more that is being planned for Christmas! Please see to the right the activities planned for November, which you are all welcome to join us for. Inside are also details regarding our Christmas activities, please do invite your friends and families

We hope you enjoy November's newsletter!

from all at Bethesda Eventide Homes

#### **November Dates**

**November 7th** Firework Night

November 11th
Remembrance Day

**November 15th** Christmas Fayre

**November 20th**Singing for the Brain

November 21st Magic Marion

November 21st Kiddleydivey

**November 27th** Thanksgiving



## Feeling Pampered

The activities team enjoy putting on regular pampering sessions for us all to enjoy. Staff will often join in for a little rest and relaxation—Even Bella joined in too!





In Anglo-Saxon times, November was known as Blotmonab (blood month or sacrifice month).

November is the only month used to represent a letter in the phonetic alphabet.

Although the word November dates back to Old English, the first known use of Novemberish, was by Robert Burns in 1793.

According to research published in 2008, serial killers are more likely to be born in November than any other month.

US Presidential elections are held every four years on the first Tuesday after the first Monday in November.

Always starting on the same day of the week as March, and always ending on the same day of the week as August, November is the only month never mentioned in any of Shakespeare's works.

The name of the month of November comes from the Latin "novem", meaning "nine", because in the Roman calendar November was the ninth month of the year out of a total of ten months. With the adding of January and February at the beginning of the calendar after the Julian calendar reform, November became the eleventh month of the year, as we know it today.

In the UK, Australia, United States and Canada, November is associated with Movember (moustache November), a movement that encourages men to grow a moustache as a symbol of celebrating men's health and raise awareness regarding different male diseases.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

### —Fruit Skewers—

A favourite snack of many of the residents is a fresh fruit skewer, the activities team help to prepare a trolley, and then some DIY snacks make their way around the Home for all to enjoy!



### **Feed the Birds Day**



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



## November Quiz

- 1. What is the birth flower of November?
- 2. Which artwork, painted by Michelangelo, was shown for the first time on November 1, 1512?
- 3. On November 1, 1995, the apartheid system came to an end in which country?
- 4. The push-button phone was first offered to the public on November 18, 1963, by which company?
- 5. Which longest-serving British Prime Minister in the twentieth century, resigned on November 22, 1990, after 11 years in office?
- 6. Who was crowned Emperor / "King of Kings of Ethiopia" on November 2, 1930?
- 7. On November 5, 1935, which company presented the Monopoly game to the globe?
- 8. What is the date of birth of British statesman Sir Winston Churchill?
- 9. Which famous actor of the film "Titanic" was born in November?
- 10. Which famous Australian horse racing event is held in November every year?
- 11. On November 19, 1863, which US President delivered his Gettysburg Address?

#### October Dingbats- Answers

1.Forget it 2. Jack in the box 3. Somewhere over the rainbow 4. Back door 5. Read between the lines 6. Blood is thicker than water 7. Belong 8. Cancelled check 9. Once upon a time 10. Green eggs and ham 11. Try to understand 12. Downtown 13. Bump in the night 14. First aid 15. One in a million 16. Apple pie 17. Ice cube 18. Rockin' around the Christmas tree 19. Think outside the box 20. Six feet under the ground 21. Won by a nose 22. Too big to ignore

If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



# Keeping Active

We have plenty of activities to keep us active. Once again we have had lots going on to keep us fit and healthy! Our activities team also help with this, whether its kurling, parachute games or their own armchair exercise sessions—they are enjoyed by all!

































































If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.







































## **Musical Moments**

Over the last month we have also enjoyed several "musical moments" including visits from the Kesgrave Singers, and from Singing for the Brain. We continue to enjoy musical entertainment and have several individuals / groups booked to visit over the next few months.

























































In October we enjoyed celebrating with Pauline— Happy Birthday Pauline!

In November we look forward celebrating with Joan and Pamela. We look forward to sharing some birthday pictures again next month!







#### **Bethesda Eventide Homes**

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