

Bethesda Eventide Times

January 2026

www.bethesdaeventidehomes.co.uk

Issue 66

Hello and welcome to our first newsletter of 2026, and may we wish you a Happy New Year!

We hope you have all had a lovely Christmas time, spent with lots of friends and family. The Home has been full of activities and visitors which has led to a very busy month!

We enjoyed our Family Christmas party, with guests of all ages coming to join us for the festive activities we had on offer, and to see Father Christmas too!

Please see to the right the activities planned for January, which you are all welcome to join us for, please do invite your friends and families! There is plenty planned, and we are expecting lots of visitors throughout the month, so we look forward to seeing you soon!

We hope you enjoy January's newsletter, and we wish you all a happy new year!

from all at Bethesda Eventide Homes

January Dates

January 6th
Shortbread Day

January 8th
Singing for the Brain

January 9th
Lodge Nursery Visit

January 12th
Seated Zumba

January 12th
Kiddleydivey

January 19th
Australia Day

January 23rd
Burns Night



Carol Service

We very much enjoyed our Carol Service with the Salvation Army. It is always lovely to hear Christmas Carols played by a brass band, and it certainly left a very festive feel around the Homes.



JANUARY

The Anglo-Saxons called January “Wulfmonath” as it was the month hungry wolves came scavenging at people’s doors.

The Romans named it January after Janus, the God of gateways.

Janus had two heads so he could look in both directions, back at the old year and forward towards the new year, at the same time.

According to the International Standard Organisation’s ISO 8601, week 1 of any year is the week including January 4.

Daytime temperatures in January make it the coldest month of the year in the UK. February nights are colder in England (but not Scotland).

The only Shakespeare plays that mention January are *Much Ado About Nothing* and *Winter’s Tale*.

The birthstone for January is the garnet; the flower is the carnation.

The first recorded reference to a “January sale” in the UK was in 1865.

There is a variety of cold-tolerant winter cabbage grown in England known as January King.

January’s Moon is called the Wolf Moon. The Saxon word for the month was Wulfmonath or “wolf month.”



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

60th Anniversary Celebrations

We were delighted to help David and Gillian celebrate their 60th wedding anniversary. It was fantastic to host such an occasion and to be joined by many family and friends. Congratulations David and Gillian!



Christmas Party

We enjoyed our family Christmas party and were pleased to be able to invite many families and friends to join us. A particular highlight was Santa's grotto, he received many visitors young and old!





If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



Monthly Brainteaser

Please see below two Sudoku puzzles to keep you busy! Also the answers to our December quiz are listed, we hope you found them all!

We also need to congratulate "John's Joker" on their victory in our quiz night. They were able to take part from within the Homes, so a very big well done goes to John and his family, a prize will be on its way!

December Quiz - Answers

How many of the carols/songs were you able to find in the picture quiz in last month's newsletter?

- O Little town of Bethlehem
- Last Christmas
- Rudolph the Red-Nosed Reindeer
- 12 days of Christmas
- Santa Claus is coming to town
- Away in a Manger
- 2 Become 1
- Rockin' around the Christmas tree
- Silent Night
- White Christmas
- Christmas Wrapping
- All I want for Christmas is You
- Jingle Bells
- We 3 Kings of Orient are
- Little Drummer Boy
- Mistletoe and Wine
- The Holly and the Ivy
- Fairytale of New York
- Step into Christmas
- Stay another Day
- killing in the name
- Santa Baby

				4				5
	5	7			1			
	9		2		7	6		8
		9					1	7
8					4	2		
	1	4		2				6
		5		8				
			4		5			3
1		3	7					

8	4			7				
7				6	2			
			5			2		
		8	7				1	2
1	7				8		4	
	6			4	1			
		6					5	9
			9	8				6
			6				7	3

Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



Christmas at Eventide





If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.





In December we enjoyed celebrating with Betty & Rosemary – Happy Birthday Betty & Rosemary.

In January we look forward celebrating with John & Ruby. We look forward to sharing some birthday pictures again next month!



Bethesda Eventide Homes

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