

# Bethesda Eventide Times

## March 2026

[www.bethesdaeventidehomes.co.uk](http://www.bethesdaeventidehomes.co.uk)

Issue 68

Hello and welcome to our newsletter for March 2026!

Its been another very busy month for the Homes, with lots of activities but also lots going on the garden!

You may have noticed we are having significant works done to replace and extend our conservatory. The ground works are all complete, and now we look forward to seeing the construction! !

We would like to draw your attention to our Easter Egg hunt, Fish and Chip tea, and quiz evening taking place on Saturday 4th April, a poster and more details are inside!

We have plenty planned for March, please see the theme days to the right. You would be welcome to join us for any of these activities, and we hope to see you soon!

We hope you enjoy March's newsletter!

From all at Bethesda Eventide Homes

### March Dates

**March 5th**

Singing for the Brain

**March 6th**

Kai Viola

**March 10th**

Seated Zumba  
Kiddleydivey

**March 12th**

Plant a Flower Day

**March 13th**

Lillian Lace

**March 15th**

Mothers Day

**March 17th**

St Patricks Day

**March 19th**

Pop Chorus



# Elvis is in the Building

We were delighted to welcome Simon (Elvis) into the Home for a performance to celebrate David & Gillians birthday— great fun was had by all—thank you Elvis!





It is with great sadness that we include the news of the passing of Pauline Doshier since our last newsletter. Pauline had been with us for just under 2 and a half years and will be very dearly missed.

Jesus said to her, *"I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?"* **John 11 v 25 & 26**



In old Roman calendars, one year used to be ten months long, starting in March and ending in December.

The “Ides of March” was a day in the Roman calendar equivalent to March 15<sup>th</sup>. It was considered a deadline for settling debts. It was also the day Julius Caesar was assassinated.

If you were born in March, your birth flower is a daffodil!

The first month of spring is March, which starts between the 19<sup>th</sup> and the 21<sup>st</sup>.

March is the equivalent of September in the Southern Hemisphere.

Every year, March and June finish on the same day of the week.

March is the time of year when animals start waking up from hibernation.

The name for March comes from Mars, the Roman god of war. It was named as such in both the Julian and Gregorian calendars.

The Vernal Equinox occurs around March 20 or 21<sup>st</sup>. This is when the sun is directly above the equator, making the day and night equal length.

The Anglo-Saxons called March “Hlyd monath” meaning “Stormy month” or “Hraed monath” meaning “Rugged month.”

Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



[carehome.co.uk](https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ) <https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>

# Four Legged Friends

We always enjoy welcoming pets into the Home, and we were delighted to welcome Spot and Donald when they came to visit us last month. Thank you Spot and Donald.





We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

# ST. PATRICK'S DAY

## WORD SCRAMBLE

1. CRELENPAEUH \_\_\_\_\_
2. AIOWRNB \_\_\_\_\_
3. AHSMKCRO \_\_\_\_\_
4. HMRAC \_\_\_\_\_
5. ARDLIEN \_\_\_\_\_
6. GNERE \_\_\_\_\_
7. CYLKU \_\_\_\_\_
8. ODRNCE EBEF \_\_\_\_\_
9. TPO FO DLGO \_\_\_\_\_
10. ONDRITIATI \_\_\_\_\_
11. DAPARE \_\_\_\_\_
12. IGJ \_\_\_\_\_



# ST PATRICK'S DAY

## Word Search

S H W E G E I W X F T C H Y N  
 D T M O D Z M C E Y R G I J U  
 W N P A B F E E J S A I U N A  
 O L R A U N B Z H D D G C Y H  
 R A N X T D I A A G I Q G B C  
 P C L B E R M A N S T B B Z E  
 Z G L N C R I Y R T I I P F R  
 Z S R N O I A C P E O A U X P  
 I O A C S X I G K G N M J Y E  
 C U K W N Q K D N A L E R I L  
 P O T O F G O L D B U G X F M  
 C L O V E R R O C B C Q S A L  
 T D B E M D I E P A K V R X E  
 W U Q I U A C Q E C Y C Y O T  
 C J E W J G W X E N H G R H O

- |             |            |             |
|-------------|------------|-------------|
| CABBAGE     | JIG        | POT OF GOLD |
| CLOVER      | LEPRECHAUN | RAINBOW     |
| CORNER BEEF | LUCKY      | SHAMROCK    |
| GREEN       | MARCH      | ST PATRICK  |
| IRELAND     | PARADE     | TRADITION   |



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

# Chinese New Year

We enjoyed celebrating Chinese new year with an oriental themed day! We had a lovely Chinese takeaway lunch, followed by an afternoon of arts / crafts and armchair exercises!







If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



# Family Easter Event!

Saturday 4th April 2026  
at Bethesda Eventide Homes

Easter Egg Hunt

2:30pm - 4:30pm

Fish & Chip Tea

5:00pm - 6:30pm

Fun Quiz Night

From 7:00pm

Fun for All Ages!

# Flower Arranging



In February we enjoyed celebrating with David, Gillian, Hilary, Shirley and Valerie – Happy Birthday to you all! (Valerie was feeling a little camera shy!)

In March we look forward to celebrating with Pat, Janet, Ann and Diane. We look forward to sharing lots of birthday pictures again next month!



## Bethesda Eventide Homes

Home Manager - Tom Horrex  
Business Manager - Karen Bannister  
Deputy Manager - Claire Cates

Bethesda Eventide Homes  
59a Henley Road,  
Ipswich  
IP1 3SN

01473 211431

[seniorteam@bethesdaeventidehomes.co.uk](mailto:seniorteam@bethesdaeventidehomes.co.uk)