

Bethesda Eventide Times

April 2026

www.bethesdaeventidehomes.co.uk

Issue 69

Hello and welcome to our newsletter for April 2026!

We apologise this issue is once again a little later than usual, we can blame the editor (Tom)!

Its been a very busy month for the Homes, with lots going on. We have begun to enjoy the warmer weather, with lots of time preparing our back garden and are excitedly watching the conservatory project which is now every well underway! With the brickwork completed and the roof construction almost finished, it is certainly taking shape nicely!

We continue to have plenty planned for April, please see the theme days to the right. You would be welcome to join us for any of these activities, and we hope to see you soon!

We hope you enjoy April's newsletter!

From all at Bethesda Eventide Homes

April Dates

April 4th
Easter Event

April 10th
Grand National

April 14th
Kiddleydivey

April 21st
St George's Day

April 22nd
Lodge Nursery Visit

April 29th
International Dance Day



St Patricks Day

We enjoyed an Irish themed day to celebrate St Patricks day. The kitchen produced a lovely themed menu, and we enjoyed some quizzes and crafts too. It was a lovely day enjoyed by all!



HAPPY St. Patrick's DAY



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.

Chef's CORNER



We all enjoyed our St Patricks Day celebrations, particularly the treats that the kitchen prepared for us all! One of our favourites is the Chocolate Guinness Cake that June prepared for us! We are sure you would enjoy the opportunity to make it for yourself too!

June's Chocolate Guinness Cake

You will need:

- 100g Unsalted Butter
- 75g Dark Chocolate
- 200ml Guinness
- 200g Plain Flour
- 20g Cocoa Powder
- 1 tsp Baking Powder
- 2 Large Eggs
- 200g Golden Caster Sugar
- 3 tbsp Sour Cream
- 200g Icing Sugar



1. Melt the butter and chocolate in a dish, let it cool to room temperature.
2. Stir in the Guinness, don't worry if it splits or seizes, it will be fine!
3. In a separate bowl mix the flour, cocoa and baking powder until combined.
4. In a third bowl, beat the eggs and sugar for about 3 minutes until fluffy.
5. Combine the 3 mixtures and beat the mixture thoroughly.
6. Pour into your cake tin and bake at 180°C for 40 - 45 minutes.
7. Take the cake out, cool, and transfer to a wire rack.
8. Beat the sour cream and icing sugar until smooth, then stir in 2 tbsl of Guinness. If it becomes too runny, add more icing sugar.
9. Spread on top of the cake and enjoy!





We know April is the fourth month of the year, but that's only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar.

April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.

No one is sure how the month ended up with its name, but we do know the Romans named it "Aprillis."

The etymology behind the word "April" comes from the verb "aperire," which means "to open." It's commonly believed that the word refers to the season of trees and flowers beginning to "open" or bloom.

Of course, one of the most well-known dates of April, is April Fools' Day on the 1st of the month. No one is sure where this originated from, but some believe it to be inspired by Geoffrey Chaucer's story in "Canterbury Tales" called "Nun's Priest's Tale."

On April 11, 1970, Apollo 13 was launched and ran into difficulties about two days later. It was then that the famous line "Houston, we've had a problem here" was said, and is today usually misquoted.

After a 1,500 year break, the first Olympics of the modern era took place on April 6, 1896, in Athens.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

Green Fingered

We have enjoyed the warmer weather and have begun to make use of the back garden. It was planted out with some lovely bedding plants. We do enjoy spending time outside, and watching all the flowers grow—next month we will be beginning to plant our vegetables!



A Musical Month!

It has been a month full of musical entertainment! We have enjoyed a visit from Kai playing her viola, singing with “singing for the brain” and Lillian Lace. We have also had sessions with Kiddleydivey and Zumba with Sarah. The staff have also “treated” us to some karaoke performances—all in all it has been a very musical month!





If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.



If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



Flower Arranging





It is with great sadness that we include the news of the passing of Pat Lubbock since our last newsletter. Pat had been with us for just under 2 and a half years and will be very dearly missed.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**

In March we enjoyed celebrating with Pat, Janet, Ann and Diane. – Happy Birthday to you all!

In April we look forward to celebrating with Beryl and Hazel. We look forward to sharing lots of birthday pictures again next month!



Bethesda Eventide Homes

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