

Bethesda Eventide Times

May 2026

www.bethesdaeventidehomes.co.uk

Issue 70

Hello and welcome to our newsletter for May 2026!

The Home has been full of activities and visitors which has led to a very busy month! We have had singers, a belly dancer, a dance group and much more!

We were pleased to enjoy various events throughout the month and we were pleased that we were able to share many of these events with some visitors to the Homes. As the weather is getting warmer, we are looking forward to utilising our garden areas, and are due to be able to use our main garden once more within the next few weeks.

We have plenty planned for May, please see our main activity days to the right, you would be more than welcome to join us for any of our activities! Please also see inside details regarding this year's fun day, we hope many of you will be able to join us for this!

We hope you enjoy May's newsletter!

From all at Bethesda Eventide Homes

May Dates

May 5th

Cinco de Mayo

May 7th

VE Day

May 12th

Kiddleydivey

May 19th

Vegetable Garden Day

May 22nd

Lodge Nursery Visit

May 26th

Cheese & Wine Tasting

May 27th

Seated Zumba

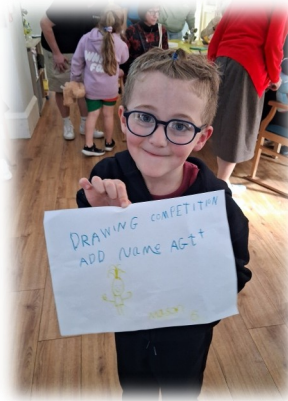
May 30th

Da Capo Singers



Easter Event

We enjoyed our annual Easter event, which included an Easter egg hunt, fish and chip tea and quiz evening. The sun was shining and we were pleased to have lots of visitors join us - A big well done to our winning quiz team too!







Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



<https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>



The name *May* is the modern-day English adaptation of the Latin word *Maius*, which has origins going back to the time of the ancient Greeks. They named the month of May (or *Maius*) after the Greek goddess of growth.

May used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!

May is a special time for *Star Wars* fans worldwide and always a good reason to re-watch the movies. May the 4th is celebrated as Star Wars day, due to the way the date sounds similar to "May the Force."

Every year there is a particular meteor shower in May called the Eta Aquariids meteor shower. Discovered in 1870, this meteor shower passes by Earth between April 19 and May 28. It's easiest to view it from the equatorial regions of the world and can be glimpsed passing by just before dawn.

The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world. Many other sky-high constructions have since dwarfed it, but it's still an awe-inspiring feature of the New York cityscape!

Back in the day in Europe, it wasn't a good May if you didn't celebrate it with a maypole. In the UK, at least, they were present since at least 1350 AD. Celebrants would erect a long pole and attach flowers, garlands, and strips of fabric to it, around which certain dances would take place.

May is a pretty good month for US presidents. Every other month of the year, at least one US president has died, but never in May!

May actually has two birth flowers – the Lily-of-the-Valley and the Hawthorn. The Hawthorn flower is a symbol of hope, while the Lily-of-the-Valley represents the return of happiness and sweetness.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free

Bethesda's Got Talent

There has been something odd going on over the last month—we can't stop singing and dancing! There have been several impromptu performances, from residents, staff and visitors alike! What a wonderful month!







An Egg-Citing Month

We have enjoyed watching our chicks hatch and grow rather quickly this month! After the success of the chicks, we then decided to hatch some ducklings whilst we had all of the equipment out!





“May” Brainteaser

This month we have a quiz themed around “May.” We hope you don’t find it too challenging, keep your eyes peeled next month for the answers! - no cheating!

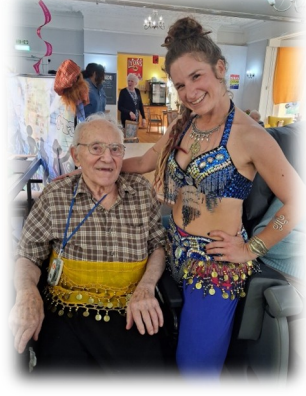
1. What's the birthstone of May - it represents love and success
2. Which tennis Open Championship normally begins in the last week of May?
3. What are the two zodiac signs for the month of May?
4. May in the Northern Hemisphere is similar to which month in the Southern Hemisphere?
5. Which sweetly scented, highly poisonous woodland flowering plant is the birth flower of May?
6. Historically, what sort of dancing has been linked to May Day celebrations?
7. Who did Queen guitarist Brian May marry in November 2000?
8. 'The Third of May 1808', is a painting completed in 1814 by which Spanish painter?
9. How long is the lifespan for the adult female Mayfly, *Dolania americana*: 5 minutes, 5 hours, or 5 days?
10. According to a 1732 traditional saying, what should you never cast till May be out?
11. What is the more common name for the Mayflower shrub?
12. Theresa May was born in which town?



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

International Dance Day

We enjoyed something a little different for International Dance Day, as we were visited by Sarah who demonstrated some belly dancing, before being visited by some more traditional dancers in the afternoon! It was great fun, and not too long before some of the staff (and residents) joined in!





If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!



In April we enjoyed celebrating with Beryl & Hazel – Happy Birthday to you both!

In May we look forward to celebrating with Ivy, Derek & Joyce. We look forward to sharing lots of birthday pictures again next month!



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